



RENEW

ANTI AGING TREATMENTS

Belavi Facelift Massage	\$125
Hyperbaric Oxygen	\$75 per treatment or 10 treatments for \$700
Acupuncture	\$65

DETOXIFICATION

Colonics	\$95 per treatment
Peat Baths	\$110 per treatment
Infrared Sauna	\$20 for 20 minutes
Contrast Hydrotherapy	\$40

For more information on treatments see www.bcnaturalmedicine.com



RELAX

BODY WORKS

Swedish Massage	Pricing for all body works treatments	
Deep Tissue Massage		
Lymphatic Massage		\$45 for 30 minutes \$80 for 60 minutes \$115 for 90 minutes
Hot Stone Massage		
Couples Massage		
Pre Natal Massage		
Hand & Feet Treatment		

Custom packages are available for the entire day.



REVIVE

LIGHT LUNCHES

- Wild caught tuna with rice crackers
- Wild caught salmon with rice crackers
- Wild caught sardines with rice crackers
- Filtered water with lemon complimentary and always available



OUR PRODUCTS

The products we use at Spa Verena are chemical free, organic and natural. Pure almond oil is used for massage. We also support local entrepreneurs. We carry our own line of organic handmade detergent-free luxury soaps.

While you are at the spa, you have the opportunity to nourish your body from the inside as well. Light lunch options are available from *Vital Choice* - known for their high quality and pure fish products that are high in Omega 3's.



Affiliated with the
Brannick Clinic of Natural Medicine

OUR PHILOSOPHY

At our spa, "Verena" has many meanings. Derived from the Latin "verus" it means true, having integrity. Other definitions of the word all seem to suggest "real". At Spa Verena, we believe that natural, pure and real are the only options to renew, relax and revive your body and spirit. By using only high quality, organic products, we protect the environment as well as you.

We look forward to providing you with a nourishing, relaxing and revitalizing health experience at Spa Verena.

Spa Verena

A natural day spa.

Organic, real and pure to renew, relax and revive.

Tuesday	10am - 7pm
Wednesday	9am - 4pm
Thursday	9am - 6pm
Friday	9am - 3pm
Saturday	8am - 3pm

Walk-ins are welcome, but appointments are encouraged.

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